

# Roma Pain Days



SCIENTIFIC  
PROGRAM

OCTOBER  
15-16 · 2021



Website for the online  
educational meeting:  
<https://romapaindays.eu>



Meeting venue:  
*Angelicum Congress Center,  
Rome*



Organizing secretariat



**Planning congressi Srl**

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## Scientific Committee

### Congress Chair:

Giustino Varrassi

*President, Paolo Procacci Foundation (PPF), Roma (Italy)*

### Members:

- Eli Alon
- Caterina Aurilio
- Amany Ayad
- Adem Bytyqi
- Guillermo Cecchi
- Stefano Coaccioli
- Pasquale De Negri
- Anthony Dickenson
- Virgil Dinca
- Brona Fullen
- Rocio Guillén Nunez
- Magdi Hanna
- Tariq H. Khan
- Amira Karkin Tais
- Irene Kouroukli
- Stefano Meloncelli
- Asbjørn Mohr Drewes
- Antonio Montero Matamala
- Marco Antonio Narvaez Tamayo
- Caterina Pace
- Antonella Paladini
- Joseph V. Pergolizzi
- Ricardo Plancarte
- Robert Raffa
- Martina Rekatsina
- Riccardo Rinaldi
- Vladimir Romanenko
- Piercarlo Sarzi Puttini
- Ivan Urits
- Athina Vadalouca
- Omar Viswanath
- Hai-Qiang Wang

## Local Organizing Committee

- Ezio Amorizzo
- Stefano Coaccioli
- Gianni Colini Baldeschi
- Fabrizio Micheli
- Antonella Paladini
- Riccardo Rinaldi



# ENDORSEMENTS







**Giustino Varrassi, MD, PhD, FIPP**  
*President, Paolo Procacci Foundation (PPF), Roma (Italy)*

Dear Friends and Colleagues,

The Paolo Procacci Foundation (PPF) is pleased to invite you to the 1st edition of the Congress "Roma Pain Days" which will take place in Roma on October 15-16, 2021.

It will be a hybrid conference model, in person and online, in order to offer you a double type of participation: onsite in the outstanding city of Roma, also enjoying the famous "Ottobrate Romane", or online with your smartphone, tablet or personal computer combining your everyday work with the opportunity to get educational credits.

Be sure that the Scientific Committee will provide a comprehensive program with presentations given by leaders and experts in the field of Pain Medicine, including our committed corporate partners, with industry symposia, courses and other educational activities.


Invited lectures by leading experts will provide updates on the rapidly advancing field of pain. The program includes a wide array of topics such as acute pain, chronic pain, neuropathic pain, rheumatologic pain, pain in palliative care, pharmacological management of pain, interventional management of pain, COVID-19 and pain, and side effects of pain management.

Your participation is vital to make this meeting successful and the Paolo Procacci Foundation looks forward to having you all together.


*Giustino Varrassi*



## TIMETABLE October 15, 2021

TIME	Plenary Room "Aula Minor" & Virtual Platform	FOYER Angelicum Ground Floor
08:15	Opening & Welcome Ceremony	REGISTRATION 07:30 - 18:00 
08:30	<b>Chronic pain and concomitant pathologies</b> • Session 1	
09:15	<b>Invasive approach in pain management</b> • Session 2	
11:00	<b>Industry Sponsored Session*</b> Deliver multimodal <b>AN</b> algesia To <b>E</b> ffectively treat acute pain	
13:00	<b>LUNCH</b>	
14:00	<b>Lectio Magistralis</b>	
15:00	<b>Topical treatments for chronic neuropathic pain</b> • Session 3	
16:00	<b>Neuromodulation and pain management</b> • Session 4	
18:00	Closing remarks	

## TIMETABLE October 16, 2021

TIME	Plenary Room "Aula Minor" & Virtual Platform	Meeting Room 10 NO VIRTUAL PLATFORM	FOYER Angelicum Ground Floor
08:00	<b>Opioid and multidrug addiction in pain patients</b> • Session 1	 HANDS-ON WORKSHOP	REGISTRATION 07:30 - 13:00
09:00	<b>Industry Sponsored Session*</b> Enhancing Healthcare Outcomes (ECHO) in opioid-induced constipation - can we do better for patients?		
11:00	<b>Lecture</b>		
11:30	<b>Industry Sponsored Session</b> Neuropathic pain and immune system		
12:50	<b>Stefano Ischia Award Ceremony</b>		
13:10	Closing remarks and Awards for the Best Abstracts 1 <sup>st</sup> edition of Roma Pain Days		

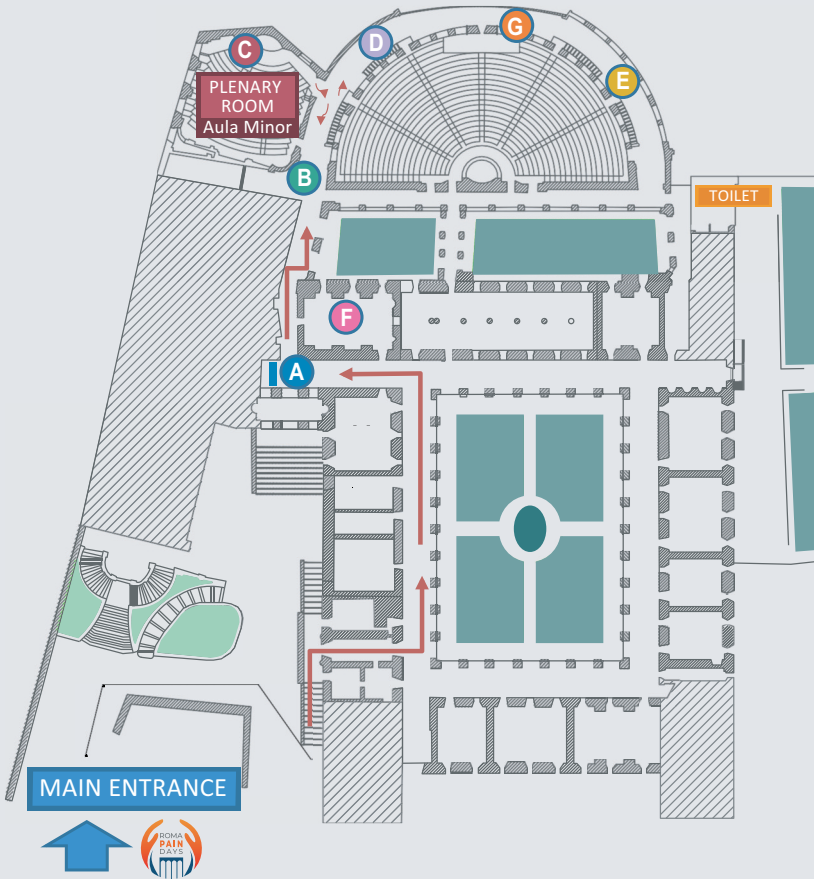
\* Industry Sponsored Sessions are organized by industry and are not included in the main event CME credit offering



# ANGELICUM CONGRESS CENTER - FLOOR PLAN

## GROUND FLOOR

- A** REGISTRATION DESK
- B** CLOAKROOM
- C** PLENARY ROOM "AULA MINOR"
- D** EXHIBITOR AREA
- E** CATERING AREA
- F** MEETING ROOM 10 HANDS-ON WORKSHOP
- G** SPEAKERS' PREVIEW ROOM



Friday

## Plenary room "Aula Minor"

October 15, 2021

- 07.30 Registration Desk Opening
- 08.15 - 08.30 Opening & Welcome Ceremony
- 08.30 - 09.10 **Chronic pain and concomitant pathologies**  
*Chairs: Athina Vadalouca; Martina Rekatsina*
- 08.30 - 08.50 Pain in the diabetic patient  
*Stefano Coaccioli*
- 08.50 - 09.10 Pain and neurological diseases  
*Panagiotis Zis*
- 09.15 - 10.55 **Invasive approach in pain management**  
*Chairs: Marco Antonio Narvaez Tamayo, Ammar Salti*
- 09.15 - 09.35 Regional analgesia in postoperative pain  
*Eleni Moka*
- 09.35 - 09.55 Indications and limits of invasive pain management  
*Fabrizio Micheli*
- 09.55 - 10.15 Intra-articular infiltrative therapy  
*Riccardo Rinaldi*
- 10.15 - 10.35 Ultrasound support in invasive pain management  
*Tolga Ergönerç*
- 10.35 - 10.55 Endoscopic support in invasive pain management  
*Stefano Meloncelli*



October 15, 2021

- 11.00 - 13.00 **Deliver multimodal ANalgesia To Effectively treat acute pain**  
**Industry sponsored session**  
*Chair: Giustino Varrassi*
- 11.00 - 11.15 Introduction
- 11.15 - 11.45 Avoid postoperative pain to prevent its chronification  
*Antonio Montero Matamala*
- 11.45 - 12.15 Patient centered approach in rheumatologic painful diseases  
*Serge Perrot*
- 12.15 - 12.45 Multimodal management of low-back pain: DANTE Study  
*Magdi Hanna*
- 12.45 - 13.00 Discussion
- 13.00 - 14.00 **LUNCH BREAK**
- 14.00 - 15.00 **Lectio Magistralis**  
*Chair: Giustino Varrassi*  
Where have the last 25 years of Pain Medicine taken us?  
*Anthony Dickenson*
- 15.00 - 16.00 **Topical treatments for chronic neuropathic pain**  
*Chairs: Amany Ayad, Rocio Guillén Nunez*
- 15.00 - 15.20 Skin physiology and sensitivity in neuropathic pain  
*John Peppin*
- 15.20 - 15.40 Why should we use topical medicines?  
*Joseph Pergolizzi*
- 15.40 - 16.00 Topical medicines in neuropathic pain  
*Robert Raffa*



Friday

## Plenary room "Aula Minor"

October 15, 2021

- 16.00 - 18.30 **Neuromodulation and pain management**  
*Chairs: Roberto Arcioni, Hai-Qiang Wang, Ricardo Plancarte*
- 16.00 - 16.30 Novel spinal cord stimulation algorithm  
*Laura Demartini*
- 16.30 - 16.50 Should clinical changes in clinical practice follow changes in stimulation technologies?  
*Marco Baciarello*
- 16.50 - 17.10 Neuromodulation for pelvic and urogenital pain  
*Maura Pacchiarotti*
- 17.10 - 17.30 Trial vs non-trial of spinal cord stimulation  
*Pasquale De Negri*
- 17.30 - 18.00 Discussion



October 16, 2021

- 07.30 Registration Desk Opening
- 08.00 - 09.30 **Opioid and multidrug addiction in pain patients**  
*Chairs: Eli Alon, Marco A. Narvaez Tamayo*
- 08.00 - 08.20 American opioid crisis and its clinical consequences  
*John Peppin*
- 08.20 - 08.40 Abuse of benzodiazepines in pain management  
*Joseph V. Pergolizzi*
- 08.40 - 09.00 The need for an "agnostic" drug to treat overdose  
*Robert Raffa*
- 09.00 - 09.20 Use of ketamine for opioid use disorder  
*Frank Breve*
- 09.20 - 09.30 Discussion
- 09.30 - 11.00 **Enhancing Healthcare Outcomes (ECHO) in opioid-induced constipation – can we do better for patients?**  
**Industry sponsored session**
- 09.30 - 09.40 Where are we now? What is the current status of use of opioids and opioid induced constipation in Europe  
*Giustino Varrassi*
- 09.40 - 09.50 What are the key issues to be addressed - finding of the ECHO OIC Working Group  
*Anton Emmanuel*
- 09.50 - 10.00 What is the status of use of clinical guidelines for OIC across EU Countries  
*Adam D. Farmer*
- 10.00 - 10.10 Can we simplify guidelines to support better patient outcomes in generalist care services?  
*Asbjørn Mohr Drewes*



Saturday

Plenary room "Aula Minor"

October 16, 2021

- 10.10 - 10.20 How can we improve communication between clinicians, patients and healthcare professionals to best monitor and manage opioid patients between specialist and generalist care services?  
*Bart Morlion*
- 10.20 - 10.30 Which PAMORA are which and can patient case studies help simplify the message?  
*Asbjørn Mohr Drewes*
- 10.30 - 11.00 Discussion
- 11.00 - 11.30** **Lecture**  
*Chair: Frank Breve*  
**Inflammatory pain in the era of COVID**  
*Giustino Varrassi*
- 11.30 - 13.00 **Neuropathic pain and immune system**  
**Industry sponsored session**  
*Chair: Marcello Allegretti*
- 11.30 - 11.50 New transmitter responses to drugs acting on the CNS  
*Caterina Aurilio*
- 11.50 - 12.10 Role of the immune system and microglia in neuropathic pain  
*Livio Luongo*
- 12.10 - 12.30 IL-8 at the crossroads of neuropathic pain and neuroinflammation  
*Vanessa Castelli*
- 12.30 - 12.50 Targeting C5a receptor for neuropathic pain management  
*Cristina Giorgio*
- 12.50 - 13.10 **Stefano Ischia Award Ceremony**
- 13.10 - 13.30 **Closing remarks and Awards for the Best Abstracts**  
**1<sup>st</sup> edition of Roma Pain Days**





October 16, 2021

- 09.00 - 13.00**      **Workshop**  
**The role of ultrasound in peripheral nerve pathologies**
- 09.00 - 09.30      Introduction to Neuromuscular Ultrasound  
*Stefano Tamburin*
- 09.30 - 10.00      Peripheral neuropathic pain and US-guided diagnosis  
*Luca Padua*
- 10.00 - 10.30      Brachial Plexus and neck US  
*Felice Occhigrossi*
- 10.30 - 11.00      Peripheral neuropathic pain of upper limb  
*Andrea Tognù*
- 11.00 - 11.30      Peripheral neuropathic pain of lower limb  
*Fabrizio Micheli*
- 11.30 - 12.00      US-guided therapy with Radiofrequency and Cryoablation  
*Matteo Leoni*
- 12.00 - 12.30      US-guided therapy with PNS  
*Ezio Amorizzo*
- 12.30 - 13.00      US-guided chemodeneration and regeneration  
*Emanuele Piraccini*



## Multimodal effective analgesia and rapid acute pain relief in one tablet<sup>2-4</sup>

Fixed Dose Combination for moderate to severe acute pain<sup>1</sup>

▼ This medicinal product is subject to additional monitoring. This will allow quick identification of new safety information. Healthcare professionals are asked to report any suspected adverse reactions. See section 4.8 for how to report adverse reactions.

"For further information on indication, posology and the complete list of adverse events, contraindications, special warnings and precautions for use please consult the summary of product characteristics (SPC)."

<sup>1</sup>Skudexa, Summary of Product Characteristics

<sup>2</sup>McQuay HJ et al. Br J Anaesthesia 2016; 116: 269-276

<sup>3</sup>Moore RA et al. BMC Anaesthesiol 2016; 16:9

<sup>4</sup>Varrassi G et al. Adv Ther 2019; 36:3174-3185



For consulting the full SPC please click [here](#) or scan the following QR code

Depositato in AIFA in data 13/08/2020  
Date of preparation: June 2020 Cod: MC-1305-12-2020



Menarini Symposium

# DELIVER MULTIMODAL ANALGESIA TO EFFECTIVELY TREAT ACUTE PAIN

Friday, October 15<sup>th</sup> 2021 | 11:00-13:00 CEST | Plenary Room

**Chairman: Prof. Giustino Varrassi**

## AGENDA

**11:00 - 11:15**

Introduction  
**Prof. Giustino Varrassi**

**11:15 - 11:45**

Avoid postoperative pain to prevent its chronicization  
**Prof. Antonio Montero Matamala**

**11:45 - 12:15**

Patient centred approach in rheumatologic painful diseases  
**Prof. Serge Perrot**

**12:15 - 12:45**

Multimodal management of low-back pain - DANTE study  
**Prof. Magdi Hanna**

**12:45 - 13:00**

Discussion and final remarks

Healthcare Professionals can register for, and join, the symposium here:  
<https://romapaindays.eu/>

This session is not included in the main conference CME credit.

This symposium will also be available on demand.



...THENCE WE CAME FORTH  
TO REBEHOLD THE STARS...

*"Divine Comedy, Inferno, Canto XXXIV"*

## CONGRESS CHAIR

**Giustino Varrassi**

President, Paolo Procacci  
Foundation (FPP)  
Rome, Italy

## CONGRESS VENUE

**Angelicum Congress Center**

Pontifical University of Saint Thomas Aquinas  
Largo Angelicum, 1  
00184 Rome, Italy



**MENARINI**  
group

## Meeting Venue

**Angelicum Congress Center** - Largo Angelicum, 1 - 00184 Roma (Italy)

phone: + 39 06 6702 441

web: [www.angelicumcongress.it](http://www.angelicumcongress.it)

## Congress Organizer & Secretariat

PLANNING Congressi Srl

Via Guelfa, 9, 40138 Bologna (Italy)

Project Leader: Claudia Magri - M. +39 346 3676568

[c.magri@planning.it](mailto:c.magri@planning.it) | [www.planning.it](http://www.planning.it)

## Registrations

The meeting offers a hybrid option for all participants to attend in-person or online. Register online at <https://romapaindays.eu/>.

## Onsite registration

Registration categories	Late (from August 1, 2021)	Daily
• Member of a Scientific Society endorsing the meeting	400.00 €	150.00 €
• Full participant	450.00 €	200.00 €
• Trainee (student/fellow), nurse	150.00 €	50.00 €

As a **registered onsite participant**, you will be able to:

- Attend the meeting in total safety in compliance with the latest government and health guidelines.
- Interact face-to-face with speakers and clinical experts.
- Network with colleagues and peers.
- Discover the latest in industry developments at the industry sessions and exhibition.
- Access all online contents for 6 months after the meeting.
- Experience the exceptional attractions of Rome, the capital city.

### Onsite registration includes:

- VAT
- Access to the conference sessions
- Coffee Breaks
- Lunch box
- Certificate of attendance
- CME accreditation



## Workshop Registration

To attend the workshop, registration is required.

Registration for the workshop can be done via the online registration process, when registering for the meeting. Places are limited and based on a first come, first served basis. If there are no more places available you can ask to be put on a waiting list by writing to the Organizing Secretariat ([c.magri@planning.it](mailto:c.magri@planning.it))

## Virtual Platform Login

To enter Roma Pain Days Virtual Platform, please click on the following link <https://romapaindays.eu/>, then enter the access code received by email.

## Official Language

The official language of the meeting is English. No simultaneous translation will be provided.

## Italian CME accreditation

An application for Italian CME accreditation has been submitted with event code: 38-329302. The event has been granted 10 CME credits.

## Target audience

Roma Pain Days is appropriate for all physicians involved in the care of patients in pain, in the following disciplines:

Anesthesiology; Clinical Biochemistry; Care Continuity; Palliative Care; Epidemiology; Clinical Pharmacology; Gastroenterology; Geriatrics; Hygiene, Epidemiology And Public Health; Community Medicine; Clinical allergology And Immunology; Physics And Rehabilitation; General Medicine; Internal Medicine; Legal Medicine; Nephrology; Neurophysiopathology; Neurology; Neuroradiology; Orthopedics and Traumatology; Pediatrics; Rheumatology; Human Nutrition and Food Science; Credits will be granted also to: pharmacists; psychologists; psychotherapists; nurses; pediatric nurses; orthopedic technicians.

Please be aware that for the acquisition of credits it is mandatory to have attended the 90% of the whole duration of the congress and selected at least 75% correct answers of the CME questionnaire available online from October 16<sup>th</sup> 2021.



## E-Poster Session

Accepted Posters have been uploaded to the meeting website.

The submitted abstracts to Roma Pain Days have been evaluated by the Scientific Committee of the congress and published in the Cureus Journal of Medical Sciences. You may find them at the following link:

<https://www.cureus.com/channels/ppf/meetings/135/abstracts>.

## Certificate of Attendance

Certificates of attendance will be available on

<https://romapaindays.eu/>

## CME Certificate

CME Certificates will be available for download on <https://romapaindays.eu/>, after completing the CME questionnaire

## Badges

Participants are kindly requested to always wear their name badge during meeting activities.

## Medtech Europe Code of Ethical Business Practice

This event is compliant with the MedTech Europe Code of Ethical Business Practice. Decision posted on [www.ethicalmedtech.eu](http://www.ethicalmedtech.eu)



## COVID-19 Useful info for attendees

The health and safety of our conference attendees and exhibitors is a priority.

The meeting has been turned into a “hybrid” system thanks to which some speakers will be on site and others will be at home. The audience will be both on site and at home and the interaction between on site and virtual will be guaranteed.

There has been an additional re-organization of the spaces dedicated to the meeting to respect current rules on seat distancing.

The personnel in charge of security will be increased to monitor the flows and measures to be carried out.

### **Covid-19 Green Pass**

Delegates are allowed to attend the meeting by presenting a Covid Green Pass (**EU Digital COVID Certificate or COVID-19 Green Pass issued by the Health Authorities of their home Country**) stating that a person has either:

- been vaccinated against Covid-19
- received a negative molecular or antigenic swab test result in the 48 hours prior to accessing the meeting venue
- recovered from COVID-19 (the certificate of recovery is valid for 180 days from the date of the first positive swab)

Delegates will be required to show their Covid-19 Green Pass each time they enter the meeting venue. This means that they may even be asked to show the Green Pass even more times in the same day. People unable to show the Green Pass will not be admitted to the venue.

Certificates must be submitted in one of the following languages: Italian, English, French or Spanish.

### **Masks and Social distancing**

In line with the Italian Government guidelines, in order to prevent the risk of catching or transmitting the virus:

- it is mandatory to wear a mask when you are indoors (even if you are fully vaccinated)
- it is mandatory to wear a mask outdoors if you find yourself in a condition that doesn't allow the 1 metre safety distance to be maintained (this includes for example when standing in a large crowd or queuing for entry)
- whether indoors or outdoors, always keep a distance of 1 metre from other people

That information reflects the current Italian Government measures from the Ministry of Health Order. This guidance may change, so all those attending the meeting in Rome are recommended to visit the National or Local Public Health Authorities sites (country of origin as well as Italy) to stay updated on the latest measures applicable to travellers.



# SPONSORS

The organisers of the Roma Pain Days meeting gratefully acknowledge the support of the following companies:

## DIAMOND SPONSOR



## MAIN SPONSORS



## GENERAL SPONSORS













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